

ART ACTIVITY SHEETS



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ENCOURAGING CREATIVITY AND HEALING THROUGH ART

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The Butterfly Art Project is an NGO based on the southern most tip of Africa, in Cape Town, South Africa. BAP trains, mentors and supports adults working with children marginalised communities bringing psycho-social support through art.

These art activity sheets were created for children during the 2020 Covid-19 Lockdown in South Africa. Many children suffer in isolation at home, while not going to school or allowed to visit friends. It is our hope that these creative activities bring relief to many all over the world, now and in years to come. The recommended age group is 7-99 years.

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